

# Tips for Daily Bible Reading

*Reading God's Word is one of the most stimulating and enriching steps you can take toward spiritual growth. Here are some ideas for getting the most from your Bible reading.*

- Use a good Study Bible for your Bible reading. We recommend NIV Study Bible (Zondervan).
- Try to find a quiet place and time that will work for you on most days.
- Be as consistent as possible. You will find that missing one day will make it even easier to miss the next.
- Before each day's reading, spend a short time in prayer asking God to speak to you through His Word.
- Use a journal to keep a record of your reading progress and daily applications. On each page of your journal, write out:
  - **Date & Scripture Passage** for the day
  - **Focus Verse** (*write it out word for word*)
  - **Insight** (*the truth you see in that verse*)
  - **Active Response** (*an action related to the insight*)
- The "Focus Verse" should be one that presents a truth with special relevance or significance to you..
- The "Insight" should be your own explanation of how you see the truth of the "Focus Verse" relating or speaking to your life.
- The "Active Response" should be an action statement that relates to your "Insight." If you believe the truth of your insight, what specific action will you take? Is there a specific context for this action? Here are some examples of ways to begin your "Active Response":
  - *"Tonight when I am with my friends, I will..."*
  - *"Yesterday at work I needed to..."*
  - *"When I am afraid and stressed out, I will..."*
  - *"Dear Lord, I need your help and grace to..."*
  - *"Instead of \_\_\_\_\_, I should..."*
- Talk to someone about what you have read and what it means to you.
- Don't let hard-to-understand things distract you from the things that you can clearly understand. Act on what you understand, and ask questions about what you don't.