



YOU MAKE IT HAPPEN: PART 8

MAKING KINDNESS HAPPEN

EPHESIANS 4:1-2

EPHESIANS 4:15-16

¹⁵ Instead, speaking the truth in love, we will grow to become in every respect the mature body of him who is the head, that is, Christ. ¹⁶ From him **the whole body, joined and held together by every supporting ligament, grows and builds itself up in love, as each part does its work.**

EPHESIANS 4:29-32

²⁹ Do not let any unwholesome talk come out of **your mouths**, but only what is helpful for building others up according to their needs, that it may benefit those who listen. ³⁰ And **do not grieve the Holy Spirit of God**, with whom you were sealed for the day of redemption. ³¹ **Get rid of all bitterness**, rage and anger, brawling and slander, along with every form of malice. ³² **Be kind and compassionate to one another, forgiving each other, just as in Christ God forgave you.**

SPEAKING WORDS OF KINDNESS

EPHESIANS 4:29

²⁹ Do not let any unwholesome talk come out of **your mouths**, but only what is helpful for building others up according to their needs, that it may benefit those who listen.

Kindness is careful to use words that are helpful, constructive, appropriate, and able to bless.

JAMES 3:9-11

⁹ With the tongue we praise our Lord and Father, and with it we curse human beings, who have been made in God's likeness. ¹⁰ **Out of the same mouth come praise and cursing. My brothers and sisters, this should not be.**

¹¹ Can both fresh water and salt water flow from the same spring?

EMBODYING A SPIRIT OF KINDNESS

EPHESIANS 4:30

³⁰ And **do not grieve the Holy Spirit of God**, with whom you were sealed for the day of redemption.

**Kindness flows out of hearts that are being transformed by the Holy Spirit.
Kindness is both the result and the evidence of the Spirit's redeeming work.**

JOHN 7:37-39A

³⁷ On the last and greatest day of the festival, Jesus stood and said in a loud voice, "Let anyone who is thirsty come to me and drink. ³⁸ Whoever believes in me, as Scripture has said, rivers of living water will flow from within them."

³⁹ **By this he meant the Spirit, whom those who believed in him were later to receive...**

THROWING AWAY BARRIERS TO KINDNESS

EPHESIANS 4:31

³¹ **Get rid of all bitterness**, rage and anger, brawling and slander, along with every form of malice.

Kindness begins with turn away from bitterness, bad attitudes, and ill will toward others.

FOLLOWING CHRIST IN THE WAY OF KINDNESS

EPHESIANS 4:32

³² **Be kind and compassionate to one another, forgiving each other, just as in Christ God forgave you.**

The kindness exemplified by Christ is the kindness we are called to live.

The worldly man treats certain people kindly because he 'likes' them: the Christian, trying to treat every one kindly, finds himself liking more and more people as he goes on - including people he could not even have imagined himself liking at the beginning. -- C.S. Lewis, *Mere Christianity*