

YOUTH NEWS

A High School Parent Update

Outdoor Ice Skating

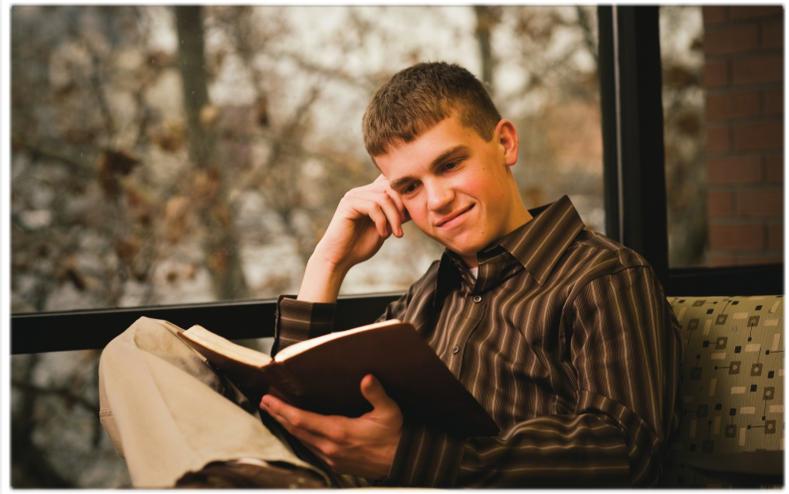
Centennial Lakes, Edina
Friday, Jan. 23
7:00 PM - 9:30 PM
Skate Rental - \$6

Have a great time skating on beautiful Centennial Lake in Edina. This is a great event to bring friends and family to. If you get hungry, there is a concession stand available. We will be meeting at the lake, so please make sure you make arrangements for transportation. This event is weather pending!

Book Club

THE SCREWTAPE LETTERS
Chapters 11-15
Sunday, Jan. 25, 12:15pm

We will kick off this new program with a discussion of C.S. Lewis' masterpiece, *The Screwtape Letters*. How do we triumph over temptation? Lewis gives us wonderful insight into the way to do. If you need to purchase a book you can do so for \$10.



Weekly Update

Sunday Morning Bible Study

We've launched a new three-week small group series focusing on ways to build true community and healthy friendships. In the coming weeks, we'll be looking at the value of encouragement and the dangers of gossip.

Our first lesson focused on some biblical wisdom about deep, quality friendships. It's easy for teenagers to get caught in the trap of believing they're more important or loved if they have lots of friends. There's nothing wrong with having many



Parenting Tip

As parents it is always difficult for you to keep up with your teen's schedule. It is even more difficult for you to know what is going inside their phone. TeenSafe allows you to keep tabs on your child discretely. How you decide to do this is up to you, but if you have concerns this could be a good choice for you.

- TeenSafe is a monitoring service that allows parents of teens to remotely monitor an iPhone or Android smartphone as well as view facebook and Instagram activity. When you sign into TeenSafe, your teen's smartphone, facebook and instagram activity will be accessible on your own personal and secure TeenSafe dashboard. TeenSafe offers complete security. No one can view the data on your dashboard but you.
- Using TeenSafe, parents can see:
 - Sent, received and deleted text and iMessages.
 - Made and received phone calls.
 - Current smartphone location.
 - Web browsing and search history .
 - Messages sent through Whatsapp and Kik Messenger.
 - Instagram posts and followers.
 - Facebook messages, friends, posts and more.

friends, of course, but there is something risky and potentially unhealthy about an absence of deep, quality friendships.

I'd encourage you to take some time this week to talk with your teenager about ways to develop quality, healthy friendships. Maybe discuss your own experiences with friends. How long have you known your closest friends? How did those friendships develop? How have you survived painful experiences or betrayals in your friendships?

Here are some questions you could use from this week's small group lesson:

- What are some of the characteristics of a deep, high-quality friendship? How is that kind of friendship different from a shallow, low-quality friendship?
- If quality friendships can make you better, what impact can weak or unhealthy friendships have on your life?
- Think about one of the friends in your life right now. If you want to remain friends for the next 10, 20, or 50 years, what will it take? How can you keep that friendship active and alive for such a long period of time?

Encourage your teenager to hang in there. Friendships aren't always easy, but deep, healthy friendships provide incredible benefits!

Amplify Recap

This past Wednesday we got back into the swing of things after taking an extra week off due to weather. We talked about what it meant to Love the Father and love like the Father. We focused on three parables of Jesus talking about finding lost sheep, coins, and a son. It was clear that God values finding the lost and celebrates when the return to him. The question that was posed to your teens was whether or not they did. Do they value the lost as much as God does? Being able to love those who are lost is the only way we can really show how much we love God.