



ABC Life Choices (aka ABC Pregnancy Care Center) is a Christ-centered organization dedicated to providing accurate information, services and support to facilitate informed life-affirming decisions about pregnancy, sexual integrity, parenting and post-abortive recovery. ABC is a non-profit that provides help to individuals regardless of marital status, age, race or religion.

## JULY-SEPTEMBER 2021 NEWSLETTER

Matthew 18:10 ... See that you do not despise one of these little ones. For I tell you that their angels in heaven always see the face of my Father in heaven." - Jesus

### Join Us August 7 for ABC 5K Walk/Run Fun!



2019 Run/Walk event

One of the primary fundraisers for ABC Life Choices, the **2021 Celebrate Life! Carry the Light 5K Run & Walk** will happen in person this year on Saturday, August 7 at Soldotna Bible Chapel. Registration opens at 8:30 a.m., runners start at 10 a.m., and walkers start shortly after. From serious runners to family walkers, it's a great way to enjoy our beautiful summer and make a lasting difference for families. Local vendors will sell morning coffee and food.

Please join us for a day of great family fun and help support healthy life choices in our Peninsula neighborhoods. Life is a precious gift, and we have the privilege of seeing the Lord bring healing to hearts that have been traumatized in unspeakable ways, and to minister His love.

Sponsorships and in-kind prize donations for this event are needed for the 5K event. Interested in donating? Call 907-283-9062 Mon-Thurs, 12-4 p.m. or

Runners and walkers in all age categories had fun at the 2019 event.— photos below and right.



go to [www.ABCLifeChoices.org/AboutUs/Make a Donation](http://www.ABCLifeChoices.org/AboutUs/Make a Donation).

In 2020, our Run/Walk was limited to a drive-through event, and we are very happy to see the **2021 Celebrate Life! Carry the Light 5K Run & Walk** return to a live, fresh air and in-person run/walk with activities for the whole family. Together with the community, we can continue the working to protect life and build strong families. We hope to see you on August 7!

**Walk, Run, Volunteer  
or be a Sponsor ... Enjoy the  
Fun on August 7!**

**We are looking for Food Vendors and/or donations of pre-packaged breakfast and snack foods for this event. If you can help, please call 907-283-9062 or email ABC at [sandrap@abclifechoices.org](mailto:sandrap@abclifechoices.org).**

Now you can also give by scanning a QR code—see last page for details.



### Think You're Pregnant?

We are a safe place. Our services are provided at no cost and are confidential. We can help empower you to make healthy choices through medical support and education.

**(907) 283-9062  
Call Today!**

- ABC Services  
Provided at No Cost:**
- Pregnancy Testing
  - Limited OB Ultrasounds
  - Parenting & Life Skills Classes
  - Pregnancy Options Education
  - Confidential Advocacy & Mentoring
  - STI (Chlamydia/Gonorrhea) Test & Treat
  - Sexual Health & Risk Education
  - Survivor Restoration Support
  - Community Resources Information
  - Abortion Recovery Care
  - Physical, Emotional, Spiritual Support
  - Care Closet Resources



ABC Men's Program Manager Mike Boettcher prepares signs for the 2021 event.





## Single Moms Outreach Blesses Families



ABC Staff and volunteers participated in a Single Moms Outreach event at Soldotna Creek Park on June 18. With a carnival atmosphere, activities for children and parents, prayer, food and worship times, ABC representatives had the opportunity to make new contacts, to share about classes being offered and to create a greater awareness of services offered here.

*Pictured at right: Nurse Manger Cayla Boettcher and Women's Services Manager Jenny Wood*



Photos above: Volunteers and staff observe as Becky Peters and Cayla Boettcher demonstrate CPR and AED techniques and reminders during a workshop at ABC.

***"I felt very comfortable talking about personal stuff, and like that it is Christian oriented." - ABC Client***

***"I couldn't afford an ultrasound, and you did it for free! Thank you." - ABC Client***

## CPR Training a Part of ABC Readiness

For a recent volunteer workshop, volunteers and staff had the opportunity to refresh their CPR abilities and training as well as receive familiarity training for the AED machine on site at the center.

*"My command is this:  
Love each other as  
I have loved you."  
John 15:12*

## Try Volunteering ...

*Find fulfillment and change lives*

If you have a desire to volunteer, your hands and heart for Jesus are needed at ABC. So many people need what you can offer, and there are many different kinds of opportunities to help. At this time, we need caring individuals to mentor and advocate, provide videography, help with database and data management, and with social media.

Days at ABC begin in prayer and offer an environment of caring professionals, great unity in sharing a concern for the unborn, and a place to be doing work that pleases the heart of God. Come be a part of the team!

*Planned Parenthood does not like to talk about its abortion business, but it runs the nation's largest abortion chain and commits over 330,000 abortions a year.  
- humanlife.org*



Cards welcoming new babies were created by youth at Northern Ministry Training, and by children at PenCC. The card creators were encouraged to pray for the new babies and families to receive their artwork cards.

## Generosity Overflows on the Peninsula

Churches have long been a support backbone for ABC in spiritual, financial and physical ways. Recent examples include the donation of 16 new baby layette bags with care, bath and clothing essentials and special baby items for the ABC Care Closet from Peninsula Christian Center in Soldotna, along with cards drawn and decorated by children at PenCC. In response to a need, youth from Northern Ministry Training also created beautiful cards and wrote messages for new baby families for ABC to distribute. All of the card-makers were encouraged to pray for each baby and family to whom the cards will go. (See card photos at right.)



Above: ABC Staff Jenny Woods, Becky Peters and Cayla Boettcher show layette baby bags created and donated from PenCC. Right: PenCC ladies—front l-r: Venetia Rauwolf, Terrell Brewer. Back: Sandra Peterson, Linda Dubie and Julia Selanoff hold new baby welcome bags they created for ABC.







## Dedicated Volunteers Speak Out ...



**Elaine Bakk, ABC Advocate & Mentor**

"Recognizing that I am passionate about life, I came to ABC looking for something I could contribute beyond foster parenting, ways to show the

value of life to others.

I love being able to help moms before they get to a place where they can't take care of their children—to help them along the way. My favorite part is speaking hope to young ladies who feel they have no hope, to say there is an answer—His name is Jesus."

**Sandie Swank, ABC PACE Mentor**

"I am volunteering here at ABC because of God's call through my own life experiences.

The best part for me is meeting with great clients who are all so very different.

They all teach me, and I learn as much from them as they do from me."



Please include ABC in your prayers, for life and the hope of eternity to abound through the love of Jesus and the work of our hands.

## The Gift of Our Gifts

From the Executive Director's desk

*God has given each of you a gift from His great variety of spiritual gifts. Use them well to serve one another. 1 Peter 4:10*

Looking out the windows at this time of year, we take in the lavish beauty and variety of God's creation. We are also His workmanship, created in Christ Jesus to do good works which God has prepared in advance for us to do. Like in creation, our giftings are as varied as landscapes around us.



They are not to be self-serving, but to be a display of God's splendor, serving one another as faithful stewards.

To carry on the mission and services at ABC, we depend on the faithful giving of time, talents

and resources of the body. We are blessed with amazing people pouring out talents through hands and hearts.

After the recent loss of a dear family member, I am mindful that this life is a shadow in light of eternity. The encouragement I received from the staff and volunteers has been deeply comforting.

Our ABC team compassionately serves both clients who come to us and their fellow brothers and sisters working so hard together.

Do you know someone who would like to make a difference for those who need hope? Want to learn about our men's ministry? What is PACE and REST and why does ABC offer these classes?

Today, needs for help are great, yet we know that the Lord meets them all through Christ Jesus. We trust He will touch the right hearts and bring to us those who will minister well here.

Still needed are additional mentors and advocates, information technology 'techies', data entry helpers, creative thinkers, those choosing to work behind the scenes, and more. Snow birds or

*"Do you know someone who would like to make a difference?"*

seasonal volunteer schedules fit here. If you're not sure where your gifts fit and have a heart to serve the hurting in our community, come get a tour of ABC and see what God is doing here. Join with us in prayer that God will bring an increase of workers that the harvest might abound.

Now more than ever, I want to share life and light in an ever-darkening world. I'd love to talk with you about linking arms with us to powerfully impact lives.

*Becky*

## ABC BOARD OF DIRECTORS

- Sonja Redmond, Chair
- Phil Reemtsma, Vice Chair
- James Titus, Treasurer
- Ellen Duyck, Secretary
- Brian Bruxvoort
- Regina Leaf

## 'Eam While You Learn' Offers Client Perks at Care Closet

Eam While You Learn (EWYL) is a program offered for mothers and fathers at ABC Life Choices. Because of the overwhelming generosity of our donors, all services are at no cost to clients and are confidential. EWYL offers opportunities for learning and personal growth as well as family wellness, while also providing 'ABC Cash' that can be used to purchase new and gently used items from the ABC Care Closet boutique shop. Clients work on lessons they want and at a pace that fits their timing. Lessons range from pregnancy and the developing baby to parenting skills, personal and relationship growth.

Care Closet items include maternity and baby clothes, blankets, diapers, formula, toys, books and much more. We may have items such as strollers, car seats and baby furniture, depending on seasonal donations.

***"Every human embryologist in the world knows that the life of the new individual human being begins at fertilization. It is not belief. It is scientific fact."***  
***Ward Kischer, Ph.D***  
***Human Embryologist***  
***University of Arizona***

ABC Volunteer Carol Anderson enjoys sorting tiny pairs of baby socks for the Care Closet.



ABC Specialist Cindy Boettcher works on some creative Care Closet displays.





*July-September*  
**WHAT'S HAPPENING**

- Jun 15 Farmers Market Food Bank 3-6p thru Oct
- Jul 2-3 Old Town Market Kenai Fr/Sa 11a-6p through Sep
- Jul 3 Sa Farmers Market Soldotna 10a-2p thru Sep
- Jul 4 Su 🇺🇸 Fourth of July / Independence Day 4th of July Parade 11a Kenai
- Jul 5 M Nikiski Market 10a-4p thru Sep 15
- Jul 6 Tu Preschool Aquatic Nikiski Pool 1-2p weekly
- Jul 7 W Wed Market/Music Soldotna thru Aug 11a-9p
- Jul 21-24 Progress Days parade, picnic Soldotna
- July 23 F **Come Tour @ ABC Life Choices 1pm**
- Aug 7 Sa **ABC Annual 5K Run/Walk at Soldotna Bible Chapel**

- Sep 6 Labor Day
- Sep 24 F **Come Tour @ ABC Life Choices 1pm**

**AND WATCH FOR:**

- November—ABC Annual Pie Auction
- December—Friends of ABC Christmas Tour of Homes!
- ABC Life Choices is open Mon-Thurs, 12pm-4pm and by appointment**

*If you have an upcoming special event that supports life, let us know for the next quarterly calendar.*

**Want To Help?**

Your investment into ABC Life Choices is wisely and prayerfully applied where the greatest needs exist.

**We appreciate our partners!**

There are four easy ways to make an additional difference in lives, help the unborn & support families ...



*"My visit was excellent! ABC has such friendly staff and is an awesome place."  
- ABC Client*



**community rewards**

*Where shopping & giving unite*

When you link your Fred Meyer card to ABC, we automatically get a percentage from each purchase. You can connect your rewards card to ABC Pregnancy CareCenter (NPO#JU777) by going to [www.fredmeyer.com/community-rewards](http://www.fredmeyer.com/community-rewards) and use the link.



ABC Life Choices is an official Pick\*Click\*Give organization. Log in to your myalaska.gov account to add or update your PFD donation to ABC. ([www.pickclickgive.org](http://www.pickclickgive.org))

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Give online 24/7 ... It's simple and safe. When you go to [www.abclifechoices.org/AboutUs/MakeaDonation](http://www.abclifechoices.org/AboutUs/MakeaDonation), you can make a one-time gift or set up a recurring donation. You can also learn about other specific giving opportunities.



Now you can also scan this QR code for an even easier way to give directly to ABC!

*Thank you to all of you who support this work. Whether you give financially or give something of yourself to create a place for miracles, we appreciate you and thank God for you. Because of your generosity, many in our community received free pregnancy tests, ultrasounds, parenting classes, material goods, baby care supplies, community resources and an opportunity to experience the love of Christ.*

**Current Needs at ABC:**

- \* Size 4 diapers
- \* Short-sleeve boys t-shirts, 2T-5T
- \* Rain coats, boys/girls 2T-5T
- \* Men's ball caps
- \* Women's flip flops

Please pray that God will lead us all with His wisdom, protecting and helping those who have no voice. Items can be delivered to the Center, or call 907-283-9062 to arrange a pick up.  
Thank you!

VALLEY CHRISTIAN CHURCH  
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