HOPE 4 WOMEN INTERNATIONAL

Hope 4 Women International is a 501 (c) 3 Organization Whoever is kind to the poor lends to the Lord, and he will reward them for what they have done. Proverbs 19:17





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Hope 4 Women International Dress a Girl Around the World!

As we celebrate women I'd like to remember Patricia Kienzler's mom, Alberta. Patricia has been sewing beautiful dresses for Dress a Girl for some years now and her mom was her biggest fan. Patricia said: Mother was always so excited and supportive of my making dresses for "My Little Girls!" I took a picture of her holding my # 100, which she proudly held for display. " She went home to be with the Lord in January, just before her 95th birthday. Our sincerest condolences to Pat and her family as they mourn the loss of this beautiful Mother.

Grace, who is sponsored in our Uganda Women in Business Program writes to her sponsor:

"My friend Kathleen Patrick,

Thank you so much for being supportive to me. God has really used you to bring life to my family. I no longer worry about what my children will eat! Sometimes we used to sleep hungry due to poverty. But now we have food to eat due to your sacrificial love to me. May God bless you and reward you abundantly. I bought two goats. My business capital has increased from 50,000 shillings (\$14 a month) to 350,000 shillings(\$100 a month)



WOMEN SPONSORSHIP!

Angelina is 53 years old. She married a peasant and they had severn children-Six of whom died. She left her husband and has been trying to sustain herself and her grandchildren by selling silver fish and tomatoes. The profit she gets is not enough to sustain her family. Her prayer is that when God opens the door and she gets support for a business, she will expand her business for more profits. This she believes will change her story. Angelina has a hernia which has disturbed her for the last 2 years. She gets treatment from the nearby health center. Through the H4WI program she believes that she will be able to expand her business, buy basic necessities for her family, save for other family emergency needs and buy animals like goats, pigs and a cow.



Religion that God our Father accepts as pure and faultless is this: to look after widows and orphans in their distress and to keep oneself from being polluted by the world. James 1:27

For \$36 a month for one year you can sponsor Angelina or another widow in need.

Please contact <u>Lisa@h4wi.org</u> to sign up! today!

Sponsor a Woman!





Rescue a woman from the grips of poverty and change her destiny!

Your tax-deductible one year commitment of \$36 a month will enroll a woman in our women in business program in Uganda! At the end of one year she will graduate with a business of her own.

Contact Information:

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Hope 4 Women International

Thank you for bringing the promise of God's hope to the life of a woman!

Hope 4 Women International: PO Box 14, Forest City, IA 50436 www.h4wi.org Contact Lisa@h4wi.org or Rachel@h4wi.org

SPONSORED WOMEN GRATITUDE

Sharon writes to her sponsor!

"Dear Connie Smith,

I greet you in Jesus 'name! Thank you very much for having a heart of sharing what you have with the needy. In fact I was wondering how I am going to survive in this world, poor me!! My name is Sharon. I am 25 years old. My mother produced children in different homes. She produced me alone in my father's home, went elsewhere and had other children. She eventually died of HIV /AIDs eight years ago. My father has another woman with several children from different mothers. My grand parents who used to keep me both died, I stay in my grand parents house alone because my dad does not care about me. They say that I am a burden because I am lame and epileptic, so they fear me that epilepsy will attack their children. My left hand and leg are lame due to polio because my mother never went for antenatal care nor took me for immunization. But I can walk. Even when I go to visit my siblings that my mother produced, they chase me away and say that am a burden.

I thank God for you. You have given me life. I know how to sew clothes but I had no money to buy a machine. A community member took me for tailoring course which I have not completed, yet I can sew dresses, shirts and skirts. This is a miracle from GOD! I used to ask my aunt how am I going to survive but she told me to trust God. I have really seen that God is alive! May God richly bless you with a long life!" Sincerely Sharon

Grace has Jim Soto to thank for her Christmas gift.

Thank you very much for my Christmas gift! I used some to buy a piglet and with the balance, I bought some meat for Christmas. I also added 2 packets of sweets into my shop items inventory. Thank you so much for changing the entire story of my life. I am now very healthy plus my grand children too. People have wondered how God has lifted me from nothing to a shop keeper moreover in a permanent house! May God bless you. I wish you a blessed new year 2022."

Your friend Grace

These letters of gratitude pour in each quarter to our sponsors. Many times your gift of sponsorship is really a matter of life and death. Women say they don't know where they'd be or IF they'd be here without your support. It's amazing how your commitment of \$36 a month for one year changes the destiny of the woman you sponsor as well as the destinies of her children and grandchildren!

Thank you so much for making a huge difference in the lives of women and their families in Uganda!

DRESS A GIRL PORTUGAL!

We are very proud of being part of Dress a Girl Around the World. Although we are a small country in the South of Europe we are a huge and passionate group. We have around 1000 volunteers (30 groups across the country). So far, we have dressed more than 110,000 children in 30 countries.

Portugal has colonized many country in Africa and we have a very good relationship with them. This gives us an opportunity to make our own missions on a regular basis and we noticed we had to do things slightly different. We felt we had to provide shorts for the boys as well. We also decided to give and underwear for each child, so each pocket carries a "surprise" that they love.

Our mission is to "color the lives of women and children through sewing". We promote an important cycle of human appreciation through sewing meetings where ladies, between 50 and 80 years old, living in Portugal, sew dresses and shorts for children in need in different countries, using simple patterns and donated fabrics. Our activities stimulate cognition and touch and promote the creativity of volunteers. In the sewing group, they socialize, share knowledge, build new relationships and feel useful. This well-being returns to the family and is reinforced by the joy and emotion of recognizing the self-made dress being worn by a smiling child.

The ladies search, teach and learn new skills, including the interface on social media and the use of internet resources. We believe that the greatest impact is at the psychological and cognitive level. We offer a dream that motivates them and makes them feel useful and integrated. In 2019, we conducted a survey with 382 volunteers, where 80% declared that the project "changed their life", 86% "made new friends", 89% that "sewing makes me feel good emotionally", 90% "felt useful" and 91% say "I do something important"

We offer one purpose: to dress a child. By giving them this objective, we promote good in a natural way, without the label of "support for the elderly". Participation is simple and integration is immediate, even for those who have never sewn. In addition to the socio-psychological benefits, we promote empathy and empowerment of the 3rd. age, who feels motivated, useful and happy. Besides that we rescue knowledge and dialogue between generations. We impact families and the environment by reducing waste by using leftover fabrics from the textile industry.

We contribute to the repositioning of the elderly in society, through their social valorization, intergenerational coexistence and the fight against isolation. Portugal is the 4th. oldest country in Europe and our work reduces inequality in many ways, promotes the rescue of a purpose, improves family relationships and social interaction, promoting healthy, happy and active aging.









We are so proud of what Dress a Girl Portugal is doing! Please visit their Dress a Girl Portugal Facebook page to see more!

QUILT RAFFLE!



Our awesome ambassadors in San Juan County New Mexico have been busy making lap-sized quilts!

They have two quilts—one will be raffled locally at their annual meeting and the other will be raffled nationally! They are raising money to sponsor women through Hope 4 Women International!

The raffle tickets are \$5 each or 5 tickets for \$20. The drawing will be held live on April 9th at 2:00PM MT on Facebook: Dress a Girl Around the World-San Juan County. https://www.facebook.com/DAGofSanJuanCounty

You may purchase your tickets through Cam and Terri—the San Juan County ambassadors. dressagirl.sjc@gmail.com or you can purchase them through us rachel@h4wi.org
The cutoff date will be April 2nd!

Let's have some fun with this!

Here are the ladies who have put the quilts together! Thank you for your hard work and for your creative fund raising!



FINAL THOUGHTS!

We're off to a great start here at Hope 4 Women /Dress a Girl! We've added dignity bibs to our gift shop! They are really popular and when I get caught up with the orders I'll put some online. In the meantime you can reach out to me and I'll put you on the list. rachel@h4wi.org They are \$20 each! Bring dignity to someone you love by allowing them to wear something fun instead of a towel or regular bib while they

are enjoying their food. I'll be in Arizona for the month of February and will be answering your emails from there!



Congratulations to Angels of Mercy in Rochester, New York! They've just released a documentary

VOICES OF INSPIRATION

Voices of Inspiration, follows the journey of 5 women impacted by the Angels of Mercy.

Each woman shares their experiences that brought them to Angels of Mercy, and the impact it made on their lives. Each woman interviewed identifies as a survivor, and has used their stories to empower others. The message is clear: Angels of Mercy believes every woman has what it takes to go from victim to victor Please email designingheart.aol.com or call 585-730-4556 Webinar coming soon!!!







Be sure to let our Hope 4 Healing Ministry know if you need prayer! We're here for you! Please email Rachel@h4wi.org to request prayer for yourself or a loved one.

Thank you for your continued support!

If you'd like to make a financial gift, we'd appreciate it so very much!

Please mail a check to:

Hope 4 Women International PO Box 14 Forest City, IA 50436

OR https://www.dressagirlaroundtheworld.com/donate