



# HOPE 4 WOMEN INTERNATIONAL



Hope 4 Women International is a 501 (c) 3 Organization

Whoever is kind to the **poor** lends to the Lord, and he will reward them for what they have done. Proverbs 19:17

July 2022!

### In this Issue:

- 1) H4WI/DAG Tea
- 2) Women Sponsorship
- 3) Uganda Sewing!
- 4) Spotlight
- 5) Recipe
- 6) Final Thoughts



## Hope 4 Women International Dress a Girl Around the World!

### Hope 4 Women/Dress a Girl Tea



What a super fun tea we had at my country home !

I think trying on vintage hats and posing for pictures was one of the highlights! Guests checked out my she shed and the front porch. We ate, chatted, took pictures and ate some more!

We shopped of course and just enjoyed being together on such a beautiful day!

Thank you to everyone who came out and for making the partea a success!

We've set the date for next year's tea! June 11, 2023! Mark your calendars!



# WOMEN SPONSORSHIP!

Dorothy is 40 years old. She was able to attend school until 7th grade and was forced to drop out because she lacked school fees. She then married Emmanuel, a peasant farmer and together they had four children. Dorothy has been a widow since 2017 and tries to support her family by selling silver fish. She has suffered from lower abdominal pain for the past 11 years! Dorothy believes that through the H4WI sponsorship program she will be able to expand her business, educate her children, receive treatment, save for other family emergencies and basic necessities.



Religion that God our Father accepts as pure and faultless is this: to look after widows and orphans in their distress and to keep oneself from being polluted by the world. James 1:27

For \$36 a month for one year you can sponsor Dorothy or another widow in need.

Please contact [Lisa@h4wi.org](mailto:Lisa@h4wi.org) to sign up! today!

## Sponsor a Woman!



**Rescue a woman from the grips of poverty and change her destiny!**

Your tax-deductible one year commitment of \$36 a month will enroll a woman in our women in business program in Uganda! At the end of one year she will graduate with a business of her own.

### Contact Information:

Full Name: \_\_\_\_\_

Date: \_\_\_\_\_

Address: \_\_\_\_\_

City: \_\_\_\_\_ State: \_\_\_\_\_

Zip: \_\_\_\_\_ Phone: \_\_\_\_\_

Email: \_\_\_\_\_

### Payment Information:

Please select your payment option below:

★ Annual payment of \$432 by credit card, debit card or check

★ Automatic debit or credit card monthly payment of \$36

Debit or Credit Card Number: \_\_\_\_\_

CVV# \_\_\_\_\_ Expiration Date: \_\_\_\_\_ Amount \$ \_\_\_\_\_

Name of cardholder: \_\_\_\_\_

Signature of card holder: \_\_\_\_\_

**Thank you for bringing the promise of God's hope to the life of a woman!**

Hope 4 Women International: PO Box 14, Forest City, IA 50436  
[www.h4wi.org](http://www.h4wi.org) Contact [Lisa@h4wi.org](mailto:Lisa@h4wi.org) or [Rachel@h4wi.org](mailto:Rachel@h4wi.org)

# SEWING MACHINES FOR UGANDA!



## **Dress a Girl Des Moines Provided Funds for Sewing Machines in Uganda!**

Thank you so much to our friends at Dress a Girl Des Moines for generously funding the purchase of ten sewing machines for our partners serving women in Uganda!

Individuals and groups were recipients of this great gift! They are already training and using them to help them become more self sufficient and successful women! We thank God for the passion of Dress a Girl Des Moines and all who support Hope 4 Women to make moments of joy like this possible! We give God the glory!



# AMBASSADOR SPOTLIGHTS



## Jen Laris! Hilo Ambassador

“Born in Wisconsin during the Great Depression in the 1930's, I could write a book about my life. I learned to sew at age 12, and at one time did alterations, sewed for others, worked in a fabric store and even co-owned a “Stretch and Sew” fabric store on Oahu during the 1970's. After 57 years of marriage, 3 daughters, 9 grandchildren, and 17 great grandchildren, my spouse passed away in 2007. A couple of years later I found Dress a Girl, starting sewing dresses and spreading the word to others here in Hilo. As a club member of Family and Community Education, FCE, I presented DAG to our Hilo Council in 2011, and not only was it accepted as one of their projects for the past few years but this is the 2nd year it is State wide. Dress a Girl has also received 3 awards in the past 2 years, at our Annual Hilo FCE Installation/Recognition Dinner which is held every Dec. I have met so many awesome people since I began and with their help my passion continues to grow as we dress girls around the world. DAG has given me a new purpose in life and I count my Blessings everyday that none of my family are suffering like so many others are around the world.”

We have been blessed to have Jen serve with Dress a Girl since 2010 and were thrilled when she flew in from Hawaii to attend our first Dress a Girl Convention in 2012! Thank you Jen for your years of service and dedication to ensuring that girls around the world receive beautiful dresses!



## Dress Give Away in Tama, Iowa

Two hundred and forty-nine dresses were delivered to the Community Closet in Tama, Iowa by our Huntley, Illinois ambassador, Mary (Mary is the center person) and team member Pam. Director Julie of the Closet created and hosted along with volunteer Erik a special event inviting girls from the local schools to attend and pick out dresses free of charge. This event was a total success. All dresses were gone in under 3 hours!

Mary says: “A huge thank you to Ambassador Diane (Tinley Park, IL) for this HUGE donation along with many thanks to your team members, from fabric selection to the construction of these beautiful dresses. We could not have done this without you.”

Thank you for the collaboration of two of our Illinois ambassadors and their teams to making this wonderful event so successful! We LOVE to work within our own country as well as around the world!

# MASON JAR BANANA PUDDING

Here's a great summertime treat!  
Enjoy!



## Ingredients:

- 1 (3.5 oz) box instant vanilla pudding
- 2 cups milk
- 4 oz cream cheese, softened
- 1/2 cup sweetened condensed milk
- 2 cups heavy whipping cream
- 5-6 Tablespoons granulated sugar
- 1/2 teaspoon of vanilla
- 2 bags Pepperidge Farm Chessman cookies, coarsely crushed
- 4-6 bananas, sliced

## Instructions:

1. In a medium bowl, whisk together the pudding and milk
2. In a separate bowl, beat the cream cheese and sweetened condensed milk with an electric mixer until smooth.
3. Stir the pudding mixture into the cream cheese mixture and mix well.
4. In the bowl of a stand mixer, beat the cream, sugar and vanilla until soft peaks form.
5. Fold 1 cup of the whipped cream into the pudding mixture
6. In a glass jar, layer about 1/8 cup of cookie crumbs, 6 slices of banana, 1/3 cup of pudding mixture and 1/4 cup whipped cream. Repeat once.
7. Sprinkle additional cookie crumbs on top of the last layer of whipped cream. Refrigerate until serving.
8. If desired, garnish with fresh banana slices just before serving.

# FINAL THOUGHTS!

## San Juan County Dress a Girl Marathon!

The main event for the Dress a Girl 24-hour marathon in San Juan County was so much fun! Sixteen people were in attendance and seven sewed from home! They made 42 dresses and 12 pair of boys shorts.



We participated from Des Moines, Iowa with 14 women in attendance and made 38 dresses!



Thank you Cam and Teri for heading this up! I'd love to hear who else participated!

Thank you for your continued support!

**If you'd like to make a financial gift, allowing us to continue reaching our world, we'd appreciate it so very much!**

Please mail a check to:

**Hope 4 Women International**

**PO Box 14**

**Forest City, IA 50436**

OR <https://www.dressagirlaroundtheworld.com/donate>