

# Family Table Time

## Lenten Lessons

### WEEK 1

OVERALL THEME: Knowing Jesus

THEME VERSE: John 14:6 "I am the way, the truth and the life..."

### BIBLE LESSON

- Read through and choose what you would like to do.
- You may want to break it up into segments throughout your week.

#### Preschool

Begin to memorize what Jesus told his disciples.

Don't worry about the reference.

**"I am the way, the truth and the life"** (John 14:6)

Optionally, make up your own actions to help you remember the words!

Here's a fun song about this verse!

It starts at 2:08 into the video: <https://youtu.be/B5135QHRpVI>

This 5 minute video presents the big picture of who Jesus is.

Watch it together to kick off Lent: <https://youtu.be/8u-ICIHAmKk>

#### Elementary

Jesus helps us to know him by telling us what he is like! Knowing him better helps us to understand **why** his death and resurrection has so much meaning for us.

This 5 minute video presents the big picture of who Jesus is.

Watch it together to kick off Lent: <https://youtu.be/8u-ICIHAmKk>

Introduce our Lenten theme verse

*Read John 14:1-6 for context: I am the way, the truth and the life (John 14:6)*

Here's a fun song about this verse!

It starts at 2:08 into the video: <https://youtu.be/B5135QHRpVI>

#### Family Chat Points:

- When we need to go places, how do we get there? (map, app, verbal directions)
- The Bible lights our way in life and so does Jesus.
- Jesus shows us the way by giving us his example and commands but he also promises to show us the way to the place he is preparing for us to go after living in this world---what we sometimes call heaven.

#### Make a paper chain

- Find an old map or print one out and cut into 9 strips.
- On each strip write one word of John 14:6.
- Create a paper chain with the strips.
- Hang it up as a reminder to say the verse together often.

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- *Say the verse and say a prayer together to end your time.*