

## FAMILY TABLE TIME LENTEN LESSON: WEEK 2

### PRESCHOOL BIBLE LESSON

**Review our Lenten theme verse by saying it together 2-3 times:**

I am the way, the truth and the life (John 14:6)

**Optionally sing together:**

<https://www.youtube.com/watch?v=B5135QHRpVI> (Song begins at 2min 10sec into the video)

**In the Bible Jesus said: I am the light of the world.**

(This concept of Jesus and the Bible being light is intentionally recurring.)

**Let's look around our house and see how many lights we can find!**

(Don't forget to look inside ovens and microwaves!)

**How do lights help us?**

(We can see where we're going and we can find things....etc.)

### PRESCHOOL ACTIVITY

Color a picture together and chat about how Jesus lights our world!

Open this coloring sheet PDF in Preview to print:

<https://biblestoriesfromtheheart.files.wordpress.com/2015/08/scan-0021.jpg>

Pray together---thank God that Jesus is our light and ask him to help our family to follow His light.

### ELEMENTARY BIBLE LESSON

**Review our Lenten theme verse by saying it together 2-3 times:**

I am the way, the truth and the life (John 14:6)

**Optionally sing together:**

<https://www.youtube.com/watch?v=B5135QHRpVI> (Song begins at 2min 10sec into the video)

**Read together: John 8:12**

Jesus wants us to understand who he is!

He's told us that he's the way, the truth and the life.

Here he also calls himself "**the light of the world**"

We've talked about this before in Family Table Time.

Are you starting to understand ways that Jesus is our light?

Let's chat about kinds of light there is in the world.

**How does Jesus do the same things in our lives as these lights?**

<b>light house</b>	shows ships where NOT to go!
<b>traffic lights</b>	give order and safety to traffic at intersections
<b>study lamps</b>	help us to see books and papers we're studying
<b>head lamps</b>	shine right where the light is needed to help us find or fix
<b>night lights</b>	help us to get around safely in the dark
<b>street lights</b>	help us find our friend's house and be safe
<b>string lights</b>	are twinkly fun and help us celebrate
<b>car lights</b>	help us see where we're going & help drivers see each other
<b>runway lights</b>	help airplanes take off and see other planes

**ELEMENTARY ACTIVITY**

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End with a short prayer, thanking God that Jesus is our light and asking him to help our family to follow Him.