

FAMILY TABLE TIME  
LENTEN LESSON: WEEK 6 / March 28  
Jesus is the Resurrection and the Life!

PRESCHOOL BIBLE LESSON

Review our Lenten theme verse by saying it together 2-3 times:  
I am the way, the truth and the life (John 14:6)

Optionally sing together:  
<https://www.youtube.com/watch?v=B5135QHRpVI>  
(Song begins at 2:08 into the video)

Note to parents:  
Preschoolers should be gently taught that Jesus gave his life for us--with the emphasis being on this great love for us, not on the painful death he died. He died--but then he came back to life. His love and power saves us!

In the Bible Jesus said, "I am the resurrection and the life"

Can you say that big word---"resurrection"?

Do you know what it means? (give them time to respond)

If something dies and then comes back to life, that's resurrection!

Have you ever seen something die? (a bug, a plant, wildlife, pet, person...)

When something dies the life goes out of it.

Have you ever seen something die and then come to life again?

That's what's so amazing about Jesus!

He died for us....and then he came back to life for us!

God's power and love did this!

Family Activity Options:

Coloring Sheets:  
Choose and print, chatting and coloring together:  
<https://www.religiousdoodles.com/easter-coloring-pages.html>

Stained Glass Cross Cookies  
<https://www.downredbuddrive.com/stained-glass-cross-cookies/>  
Bake these together for your family--or to share with others!

Or here's a chocolate sugar cookie recipe you may enjoy:  
<https://sallysbakingaddiction.com/chocolate-sugar-cookies/>



**CHERI'S TIPS:**

Be sure to put parchment paper on your baking sheet!

If you don't have a cross cookie cutter, just cut them out with a knife and cut some dough out of the middle. No need to be perfect or uniform!

## ELEMENTARY BIBLE LESSON

Review our Lenten theme verse by saying it together 2-3 times:

I am the way, the truth and the life (John 14:6)

Optionally sing together:

<https://www.youtube.com/watch?v=B5135QHRpVI>

(Song begins at 2min 10sec into the video)

Read John 11:1-25 together.

OR recount the story of Lazarus together then read verse 25 to see what Jesus told Martha.

What does Jesus tell Martha, and us about himself?

(that he knew he was bringing life to people...anything else?)

How does this verse tie into our Lenten theme verse? (John 14:6)

(Jesus repeats that HE is the life.)

This week is sometimes called Holy Week because there are a lot of important things happening with Jesus!

What is the huge thing that happened to Jesus on what we call Good Friday?

(He gave himself up to be crucified for us.)

Jesus did what God asked him to do---he was perfectly obedient to God.

This is one of the most important things to know about Jesus.

What happened when Jesus obeyed?

(He died for us...but he also was raised to life. He had to die to conquer death!)

Chat and pray together about what this means for your family.

Family Activity Options:

See Stained Glass Cross Cookies in Preschool lesson above.

Coloring Sheets:

Choose and print, chatting and coloring together:

<https://www.religiousdoodles.com/easter-coloring-pages.html>

Word Search:

<https://www.reallifeathome.com/easter-word-search-printable/>