

Tips for Daily Bible Reading

Reading God's Word is one of the most stimulating and enriching steps you can take toward spiritual growth. Here are some ideas for getting the most from your Bible reading.

1. Use **a good Study Bible** for your Bible reading. We recommend that you get the NIV Study Bible (Zondervan Publishing).
2. Try to find **a quiet place and time** that will work for you on most days.
3. Be as **consistent** as possible. You will find that missing one day will make it even easier to miss the next.
4. Before reading each day, spend **a short time in prayer** asking God to speak to you through His Word.
5. **Use a journal** to record of your reading progress and daily applications.

On each page of your journal, write out:

- **Date & Scripture Passage** for the day
- **Focus Verse** (*write it out word for word*)
- **Insight** (*the truth you see in that verse*)
- **Active Response** (*an action related to the insight*)

6. Your **“Focus Verse”** should be one that catches your attention. Look for a truth, principle, or example that has special relevance or significance for you.
7. Your **“Insight”** should be explain truth you see in the “Focus Verse,” and how you see that truth relating to or speaking to your life.
8. Your **“Active Response”** should be an action statement that relates to your “Insight.” With the your “Insight” in mind, what specific action should you take? Is there a specific context for this action?

Here are some examples of ways to begin your “Active Response”:

- *“This text reminds me that I must...”*
- *“Tonight when I am with my friends, I will...”*
- *“Yesterday at work I needed to...”*
- *“When I am afraid and stressed out, I will...”*
- *“Dear Lord, I need your help and grace to...”*
- *“Instead of _____, I should...”*

9. Finally, **talk to someone** about what you have read and what it means to you.
10. Don't let hard-to-understand things distract you from the things that you can clearly understand. **Act on what you understand**, and ask questions about what you don't.