

# Tips for Daily Bible Reading

*Reading God's Word is one of the most stimulating and enriching steps you can take toward spiritual growth. Here are some ideas for getting the most from your Bible reading.*

1. Use **a good Study Bible** for your Bible reading. We recommend that you get the NIV Study Bible (Zondervan Publishing).
2. Try to find **a quiet place and time** that will work for you on most days.
3. Be as **consistent** as possible. You will find that missing one day will make it even easier to miss the next.
4. Before reading each day, spend **a short time in prayer** asking God to speak to you through His Word.
5. **Use a journal** to record of your reading progress and daily applications.

**On each page of your journal, write out:**

- **Date & Scripture Passage** for the day
- **Focus Verse** (*write it out word for word*)
- **Insight** (*the truth you see in that verse*)
- **Active Response** (*an action related to the insight*)

6. Your **“Focus Verse”** should be one that catches your attention. Look for a truth, principle, or example that has special relevance or significance for you.
7. Your **“Insight”** should be explain truth you see in the “Focus Verse,” and how you see that truth relating to or speaking to your life.
8. Your **“Active Response”** should be an action statement that relates to your “Insight.” With the your “Insight” in mind, what specific action should you take? Is there a specific context for this action?

**Here are some examples of ways to begin your “Active Response”:**

- *“This text reminds me that I must...”*
- *“Tonight when I am with my friends, I will...”*
- *“Yesterday at work I needed to...”*
- *“When I am afraid and stressed out, I will...”*
- *“Dear Lord, I need your help and grace to...”*
- *“Instead of \_\_\_\_\_, I should...”*

9. Finally, **talk to someone** about what you have read and what it means to you.
10. Don't let hard-to-understand things distract you from the things that you can clearly understand. **Act on what you understand**, and ask questions about what you don't.