

# BIBLE READING TIPS

*Reading God's Word is one of the most enriching steps you can take toward spiritual growth. Here are some ideas for getting the most from your Bible reading.*

1. Use **a good Study Bible** for your Bible reading. We recommend that you get the NIV Study Bible (Zondervan Publishing).
2. Try to find **a quiet place and time** that will work for you on most days.
3. Be as **consistent** as possible. You will find that missing one day will make it even easier to miss the next.
4. Before reading each day, spend **a short time in prayer** asking God to speak to you through His Word.
5. **Use a journal** to record of your reading progress and daily applications.

**On each page of your journal, write out:**

- **Date & Scripture Passage** for the day
  - **Focus Verse**
  - **Insight**
  - **Active Response**
6. **FOCUS VERSE:** What verse caught your attention? Look for a truth, principle, or example that has special relevance or significance for you. Write it out word for word.
  7. **INSIGHT:** Write out the truth you identify and explain how it could relate to your life and guide your thinking and actions.
  8. **ACTIVE RESPONSE:** What should that truth lead you to do? Write an action statement that explains a specific action you should take. What, where, who, how, and when are good prompters as you think it out.

**Here are some examples of ways to begin your "Active Response":**

- *"This text reminds me that I must..."*
  - *"Tonight when I am with my friends, I will..."*
  - *"Yesterday at work I needed to..."*
  - *"When I am afraid and stressed out, I will..."*
  - *"Dear Lord, I need your help and grace to..."*
  - *"Instead of \_\_\_\_\_, I should..."*
9. Finally, **talk to someone** about what you have read and what it means to you.
  10. Don't let hard-to-understand things distract you from the things that you can clearly understand. **Act on what you understand**, and ask questions about what you don't.